



Mary D. Midkiff
Women & Horses
www.womenandhorses.com

Recommended books:

Fitness, Performance and the Female Equestrian by Mary D. Midkiff

She Flies Without Wings: How Horses Touch a Woman's Soul by Mary D. Midkiff

Equine Structural Integration: Myofascial Release Manual by Jim Pascucci

The Horseman's Notebook by Mary Rose

Equine Law and Horse Sense, Vol. 1 and 2 by Julie Fershtman

Holistic Aromatherapy for Animals by Kristen Leigh Bell

The Horse's Muscles in Motion by Sara Wiche

Aromatherapy an A-Z by Patricia Davis

Bach Flower Remedies for Horses and Riders by Martin J. Scott

Complete Holistic Care and Healing for Horses by Mary L. Brennan, DVM

Beyond the Track by Anna Morgan Ford